

Sensory Processing Disorder “Red Flags”

- ❑ Rubbing off kisses or casual touches and pushing others away to avoid closeness
- ❑ Be bothered by certain types of clothing and be particularly sensitive to sock seams, shoes and tags in shirts.
- ❑ Touch people and objects constantly
- ❑ Seem unaware of touch unless it is intense
- ❑ Be uncomfortable on stairs, clinging to walls or banisters.
- ❑ Enjoy being upside down, hanging over the bedside or swinging while lying on tummy.
- ❑ Bump into objects and furniture, apparently on purpose
- ❑ Have problems with touch or with balance and movement as well.
- ❑ Have a poor a poor sense of body awareness.
- ❑ Be stiff, uncoordinated, and clumsy, falling and tripping frequently.
- ❑ Lean, bump, or crash against objects and people, and invade others’ body space
- ❑ Pull and twist clothing, stretch his tee shirt down, or chew sleeves or collars.
- ❑ Sensitive to sounds

Learn More:

- The **Sensory Processing Disorder (SPD) Foundation** web site expands knowledge, fosters awareness and promotes recognition of Sensory Processing Disorder. www.spdfoundation.net
- The **Abilitations** web site provides solutions for professionals and parents working with and raising children with special needs. www.abilitations.com
- Visit Bonnie Arnwine's web site, www.sensoryfun.com or read her book, *Starting Sensory Integration therapy: Fun Activities for your Home and Classroom*.